



PE AND SCHOOL SPORT CPD PROGRAMME

September 2008 – June 2009

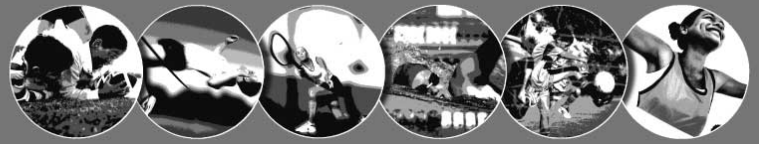


For further information on any of the courses within this brochure or to book a place please contact:

John Hatchett
Sports Development Team
01634 338763 or email john.hatchett@medway.gov.uk

In association with:





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Please be advised that if you book a place on any of the courses on the Medway PE and School Sport CPD Programme and fail to attend the course without at least 24 hrs notice given then your school will be fined £50



Mini Youth Games Skills & Drills: Hockey

The aim is to provide updated skills training to enable hockey to be taught within Primary schools by a teacher. The course provides teachers with current and up-to-date information on teaching and coaching hockey skills and is aimed at teachers planning on entering their school into the Mini Youth Games hockey tournament.

Mini Youth Games Skills & Drills: Hockey
Tuesday 9 September 2008
Holcombe Hockey Club
4:00pm – 5:30pm
Cost: FREE

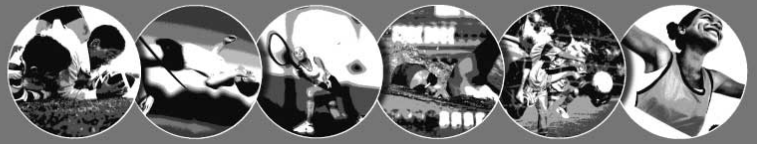
Netball High 5 Teacher Award

The aim of the course is to support teachers / coaches to understand and teach High 5 Netball and is ideal training for any teacher planning on entering their school into the Mini Youth Games netball tournament.

By the end of the course they should be able to:

- be familiar with the philosophy and principles behind High 5 Netball
- be able to identify and teach/coach basic Netball skills used in High 5 Netball
- be able to umpire the game of High 5 Netball

Netball High 5 Teacher Award
Thursday 18 September 2008
Rainham School for Girls Netball Pavilion
4:00pm – 8:00pm
Cost: FREE



FA Beginners Guide to Futsal

A Course designed for Secondary School Teachers, Young Leaders or Club coaches. It provides a basic introduction to the game of Futsal, covering the rules of the game and basic skills and practices to support its delivery. The course aims to support a Futsal competition programme / framework, and is a pre-requisite of Schools participating in the FA Futsal School Club Link programme.

NB: Those Schools part of the School Club Link programme will receive a Futsal pack from the FA once they have undertaken this course. This pack contains Futsal Balls and Coaching resources such as examples of skills and practices relating to Futsal.

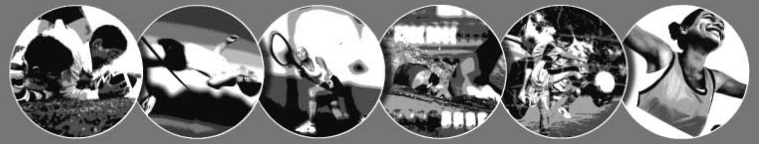
FA Beginners Guide to Futsal
Wednesday 24 September 2008
The Howard School Sports Hall
4:00pm – 7:00pm
Cost: FREE

Badminton for Teachers (Secondary)

This course will provide you with the basics required to introduce the core badminton skills to secondary age children and will also introduce you to a wide range of ideas for badminton activities and games supported by the BISI Pack C. This course will provide you with the basics of teaching badminton, including an introduction to the different strokes and how to develop them, scoring and the rules, as well as lots of ideas for activities and games that you can set up with pupils in PE lessons and after school clubs.

Course Outcomes, candidates will:

- Be able to introduce the basic techniques for a number of strokes understand scoring and the basic rules
- Be able to set up meaningful badminton practices/activities suited to the age and stage of the child, the size of the group and the facility/equipment available



- Be able to set up competitive badminton games and activities suited to the age and stage of the child, the size of the group and the facility/equipment available
- Be able to use and adapt the BIG resources and Bisi activity cards to develop lesson plans and programmes of work for badminton activities
- Be introduced to the core material required by the GCSE PE (Badminton) syllabus

Course Resources

BADMINTON England Level 1 Coach Manual

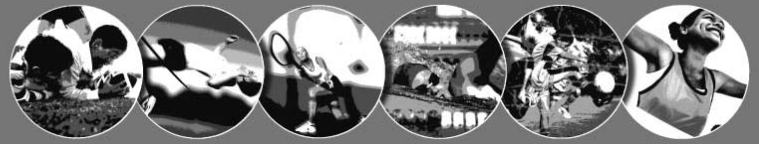
Bisi Pack C cards

Badminton for Teachers (Secondary)
Tuesday 7 & 14 October 2008
Medway Badminton Club, Gillingham
4:00pm – 7:30pm
Cost: £50 (Normally £92)

SSP Module A-C

Module A: introduction to school sport partnerships and the role of the subject leader

- Recognise why pupils should be at the centre of development
- Recognise how school sport partnerships will contribute to the delivery of the PSA target, the national vision for PE and school sport and other national frameworks, such as 'Every Child Matters'
- Identify how the PESSCL strands will support them to lead improvement for pupils
- Identify and prepare for their role and responsibilities as a PLT and recognise how this will develop their effectiveness as a subject leader
- Identify how the partnership audit and planning process will contribute to school self-evaluation and the development of appropriate action plans
- Analyse strengths and areas for development within existing PE and school sport policies



- Identify local, regional and national sources of support.

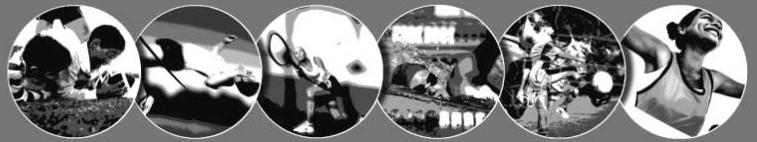
Module B: the role of the subject leader in developing high quality PE and school sport

- Recognise the characteristics of high quality PE and sport
- Identify the role of the subject leader in supporting staff and pupils to achieve the high quality outcomes of PE and school sport
- Establish their own school's strengths and areas for improvement in relation to high quality PE and school sport (as part of whole school development)
- Identify strategies to raise standards within PE, sport and whole school
- Identify potential outcomes for pupils, class teachers, the subject leader, school leaders and others in relation to the intended outcomes of a school sport partnership
- Analyse how their own school's policies can be improved to contribute to the above

Module C: planning the pathway: curriculum and OSHL

- Evaluate the appropriateness of their existing curriculum and OSHL structure and map
- Explain what makes a balanced curriculum and OSHL programme
- Identify the distinctive contribution of each area of activity to the PE curriculum
- Plan an appropriate curriculum and OSHL programme in PE and sport
- Identify strategies to improve their own curriculum and OSHL structure and map
- Analyse how their own school's policies can be improved to contribute to the above

SSP Module A-C
Thursday 9th October 2008
Holcombe Hockey Club
9:00am – 4:00pm
Cost: FREE



Girls into Sport

The Girls into Sport course is aimed at Secondary School PE teachers and PE Co-ordinators that want to try and engage girls into taking part in sport. The course will include basic introductions to some new and exciting sports such as: Cheerleading, Acrogyrnastics, Ultimate Frisby and Extreme Golf.

Please note the actual sports will be confirmed nearer the time.

Girls into Sport
Monday 13 October 2008
The Stirling Centre
9:00am – 4:00pm
Cost: FREE

BTEC National Diploma Workshop

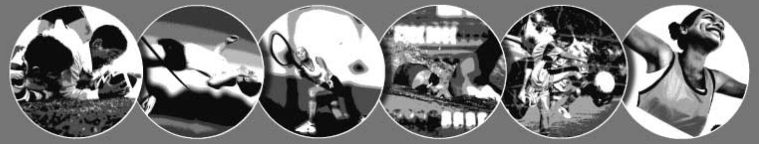
This course is aimed at all Secondary School PE teachers that need help or advice on delivering any of the BTEC National Diploma Sports Courses. The course will include:

- Understanding the BTEC family
- The registration process
- Assignment Writing
- Assessing Learner Work
- National Standards Sampling
- Internal Verification
- Role of a BTEC Programme Leader

You will also have the chance to complete a pre-course questionnaire detailing on any other areas that you feel will benefit you in delivering BTEC National Diploma sports courses.

This course will be delivered by 2 BTEC Awarding Body Senior External Verifiers / Higher and Further Education Sports Lecturers / BTEC Course Book Authors

BTEC National Diploma Workshop
Wednesday 15 & 22 October 2008
Greenacre School
4:00pm – 7:00pm
Cost: FREE



Teachers Introduction to Tag Rugby

This course is designed to give teachers a basic introduction to Tag Rugby and offer a number of basic coaching skills and drills that can be used back on a school site. The course provides teachers with current and up-to-date information on teaching and coaching rugby and is aimed at teachers planning on entering their school into the Mini Youth Games tag rugby tournament.

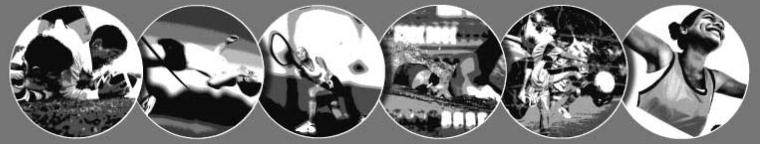
Teachers Introduction to Tag Rugby
Tuesday 14 October 2008
Medway Rugby Club – Priestfields Rec
4:00pm – 5:30pm
Cost: FREE

Match Officials and On-Field Coaching for Tag Rugby

This course is aimed at experienced teachers that have delivered tag rugby primary school coaching sessions or attended school tag rugby competitions. The aim of this course is to enhance the coaching skills of the teacher further by introducing them to on-field coaching techniques for during actual game play and make teachers aware of their positioning when officiating games in order to continue to coach effectively.

It is possible for teachers that attended the Teachers Introduction to Tag Rugby course to also attend this course to develop their coaching skills further.

Match Officials and On Field Coaching for Tag Rugby
Tuesday 21 October 2008
Medway Rugby Club – Priestfields Rec
4:00pm – 5:30pm
Cost: FREE



TOP Gym and Dance for NQTs

This module is for any Newly Qualified Teacher in the Primary sector who wants to improve the quality of pupils' learning and attainment in gym and dance activities.

It is intended that the contact time between the tutor and the delegates will comprise of practical activities based on the TOP Gym and Dance cards.

By the end of the module, you will:

- have identified specific aspects of pupils' learning in dance that you want to improve in order to achieve high quality PE in your school
- have identified what you need to do to help your pupils make better progress and achieve more in dance
- have drafted an action plan which will help your pupils make better progress and achieve more in dance.

TOP Gym and Dance for NQTs

Thursday 23 October 2008

Danecourt Primary School

9:00am – 4:00pm

Cost: FREE

GNAS Archery Leader Course

A four day moderated course aimed at training you to the Archery Leader award. This award is recognised as an NGB award suitable for gaining employment in activity centres. No previous experience is required.

This course is an excellent way for teachers to set up Archery as part of the school PE programme. Please note that Greenacre SSP staff/schools can attend this course at a discounted cost of £100 if they can demonstrate that a school club will be set up after.

GNAS Archery Leader Course

23/24/25/26 October 2008

(23/24) The Stirling Centre (25/26) Greenacre School

9:00am – 5:00pm (each day)

Cost: £200 or £100 for Greenacre SSP Staff/Schools



Multi-Skills Training Course

This course will help primary school teachers and TA's to learn more about Multi-Skills for KS1 and 2. You will learn about many new activities that go beyond/are additional to the Multi-Skills handbooks and Youth Sport Trust cards. The course will involve activities that can be applied to specific sports and some playground markings. The tutor will cover a range of different activities on both dates and we would recommend that teachers/TA's do attend both dates.

Multi-Skills Training Course

Wednesday 5 November & 12 November 2008

4-4-2, Featherby Road, Gillingham

4:30pm – 6:30pm

Cost: FREE

Appointed Persons First Aid

An HSE approved, appointed persons course designed specifically for teachers delivering sports activities such as lunch-time and after-school clubs. Through a sympathetic mixture of theory and practice, participants will learn how to carry out basic first aid.

This course would normally cost £25 to attend, but is being offered for FREE to Medway PE teachers or Primary PE Co-ordinators.

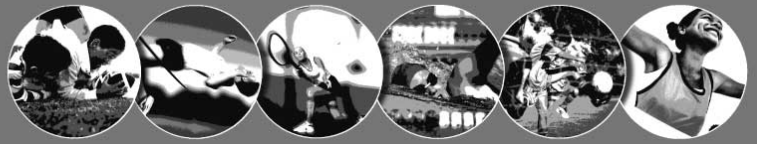
Appointed Persons First Aid

Thursday 6 November 2008

Rainham School for Girls Netball Pavilion

4:00pm – 8:00pm

Cost: FREE (normally £25)



ASA Primary School Teacher Certificate for the Teaching of Swimming

The aim of this course is to equip a qualified teacher to develop a range of aquatic skills. The course will include:

- To equip the teacher with basic technical knowledge
- To equip the teacher with knowledge of health & safety in the pool environment
- To assist the teacher to transfer existing skills into the pool environment
- To familiarise teachers with the TOP Sport Swimming Programme
- To make teachers aware of the ASA National Plan for Teaching Swimming (NPTS)
- To assist teachers to develop swimming and water safety within their own school

ASA Primary School Teacher Certificate for the Teaching of Swimming

Friday 14 & 21 November 2008

Hoo Swimming Pool

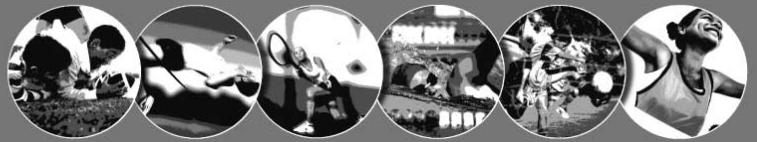
9:00am – 4:00pm (each day)

Cost: FREE

RLSS Teachers Lifesaving Award

This course assists those with responsibility for supervising swimming groups and activities identify hazards, prevent accidents and take appropriate emergency action where required. This course is accredited by Lifesavers and the Royal Lifesaving Society and recognised by Amateur Swimming Association (ASA), Swimming Teachers Association (STA), Institute of Sport and Recreation Management (ISRM) and the Institute of Swimming Teachers and Coaches (ISTC).

This course is aimed at anyone who teaches or coaches programmed swimming activities. Prospective swimming teachers would also benefit from this training course. You do not need any



previous lifesaving experience to train for this award but you must confidently be able to swim 20 metres on your front and back and be able to learn a variety of skills.

RLSS Teachers Lifesaving Award
Friday 28 November & 5 December 2008
Hoo Swimming Pool
9:00am – 4:00pm
Cost: FREE

SSP Module D

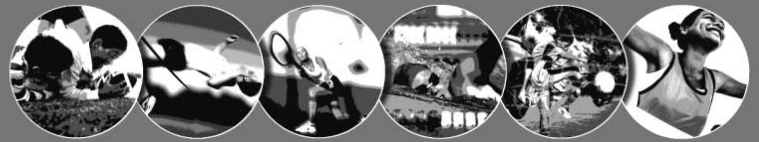
Assessment for Learning Framework
KS1 & KS2 (KS3 are also welcome)

Teachers need to make sure that their judgements about pupils learning in the PE curriculum are not based solely on performance and the development of limited skills, but acknowledge the wider contribution of PE and school sport to the learning and development of young people.

The course is both theoretical and practical and covers:

- The Kent Resource pack for teachers: Assessing to learn – Learning to assess
- National curriculum requirements for statutory assessment
- Key words for learning across the curriculum
- Planning for assessment in PE

SSP Module D
Thursday 4 December 2008
Lordswood Leisure Centre
9:00am – 4:00pm
Cost: FREE



TOP Gym

This module is for any teacher in the primary sector who wants to improve the quality of pupils' learning and attainment in gymnastics activities. It is intended that the contact time between the tutor and the delegates will comprise of practical activities based on the TOP Gymnastic cards.

By the end of the module, you will:

- have identified specific aspects of pupils' learning in gymnastics that you want to improve in order to achieve high quality PE in your school
- have identified what you need to do to help your pupils make better progress and achieve more in gymnastics
- have drafted an action plan which will help your pupils make better progress and achieve more in gymnastics.

TOP Gym

Friday 12 December 2008

Danecourt Primary School

9:00am – 4:00pm

Cost: FREE

Mini Youth Games Skills & Drills: Table Tennis

The aim is to provide updated skills training to enable basketball to be taught within Primary schools by a teacher. The course provides teachers with current and up-to-date information on teaching and coaching basketball skills and is aimed at teachers planning on entering their school into the Mini Youth Games basketball tournament.

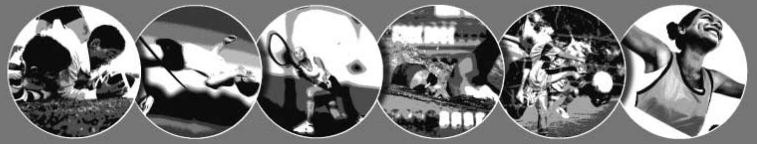
Mini Youth Games Skills & Drills Table Tennis

Thursday 22 January 2009

The Howard School Table Tennis Centre

4:00pm – 5:30pm

Cost: FREE



TOP Dance

This module is for any teacher in the primary sector who wants to improve the quality of pupils' learning and attainment in dance activities. It is intended that the contact time between the tutor and the delegates will comprise of practical activities based on the TOP Dance cards.

By the end of the module, you will:

- have identified specific aspects of pupils' learning in dance that you want to improve in order to achieve high quality PE in your school
- have identified what you need to do to help your pupils make better progress and achieve more in dance
- have drafted an action plan which will help your pupils make better progress and achieve more in dance.

TOP Dance

Tuesday 3 February 2009

Lordswood Leisure Centre Dance Studio

9:00am – 4:00pm

Cost: FREE

SSP Module E

Module E: high quality teaching, coaching and leading

- Identify the characteristics of high quality teaching and learning within and beyond the curriculum
- Recognise a range of approaches for analysing and evaluating teaching and learning
- Identify the principles of providing effective feedback
- Select appropriate methods to support the self-review process
- Analyse how their own schools' policies can be improved to contribute to the above

**SSP Module E****Thursday 26 February 2009****Holcombe Hockey Club****9:00am – 2:00pm****Cost: FREE****TOP OAA**

This full day course will use 'TOP Outdoors' as the basis for the day's training and each school represented will receive a set of activity cards and handbook for use by their school. This resource has a proven track record and will put delegates in a strong position to deliver TOP Outdoors on their own school site. The resources are designed for use with Key Stage 2 pupils. The programme uses activity cards to help teachers develop a range of skills with their pupils.

The activities develop the generic skills of teamwork and co-operation, trust, communication, planning, decision making and independence, as well as skills specific to individual activities. Emphasis is placed on an awareness of OAA within the National Curriculum and Health and Safety issues.

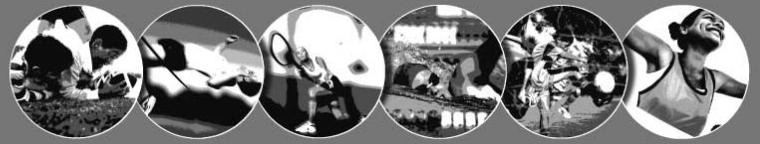
The following area of activities will be addressed:

- Trails
- Physical Challenges
- Orienteering

Each area has been designed to include progression from simple to more complex activities and within each area there are ideas to ensure the inclusion of young disabled people. All the activities are designed to take place on the school site, either on a playground or grassed area. Some of the activities can be adapted to take place in the school hall.

By the end of the module, you will:

- have identified specific aspects of pupils' learning in outdoor activities that you want to improve in order to achieve high quality PE in your school
- have identified what you need to do to help your pupils make better progress and achieve more in outdoor activities



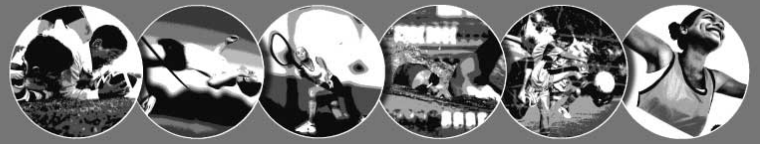
- have strategies for evaluating the impact of what you do to help your pupils make better progress and achieve more in outdoor activities.

TOP OAA**Tuesday 3 March 2009****Sir Joseph Williamson's Mathematical School****9:00am – 4:00pm****Cost: FREE****Mini Youth Games Skills & Drills: Badminton**

The aim is to provide updated skills training to enable basketball to be taught within Primary schools by a teacher. The course provides teachers with current and up-to-date information on teaching and coaching basketball skills and is aimed at teachers planning on entering their school into the Mini Youth Games basketball tournament.

Mini Youth Games Skills & Drills Badminton**Thursday 19th March 2009****Medway Badminton Club, Castlemaine Avenue,****Gillingham****4:00pm – 5:30pm****Cost: FREE****TA PE Course**

The TA PE Course is a 3-day course aimed at Teaching Assistants that will be involved in running or supporting PE lessons, lunch-time clubs and after-schools clubs. The course will provide TA's with basic knowledge on how to coach and organise various sports activities on their school site. The course will include a number of general sports like football, rugby and cricket, but also look at alternative activities such as SAQ, Multi-Skills and Gym & Dance. A full list of all the sports that will be included over the 3 days will be



advertised to schools later in the year. Everyone attending will receive a free resource to take back to their school

TA PE Course
1/2/3 April 2009
Venue TBC
9:00am – 4:30pm
Cost: FREE

Cricket Coaching for Teachers Award

The aim is to provide updated skills training to current teachers to enable cricket to be taught in school in line with National Curriculum requirements. The course provides teachers with current and up-to-date information on teaching and coaching cricket skills and is aimed at teachers of Key Stage 2 pupils. This course is aimed at any teachers planning on entering their school into the Mini Youth Games Kwik Cricket Festival or Medway Youth Games Inter Cricket Festival.

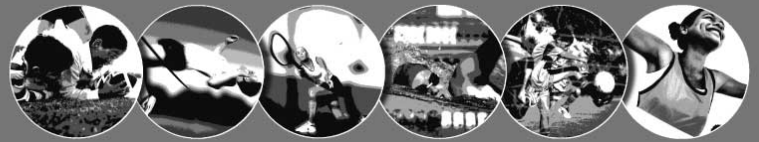
Everyone attending the course will receive the HOWZAT! resource free along with a number of other useful resources.

Cricket Coaching for Teachers Award
Wednesday 22 April 2009
The Black Lion Leisure Centre
4:00pm – 7:30pm
Cost: FREE

TOP Athletics

This module is for any teacher in the primary sector who wants to improve the quality of pupils' learning and attainment in athletics activities. It is intended that the contact time between the tutor and the delegates will comprise of practical activities based on the TOP athletics cards.

By the end of the module, you will:



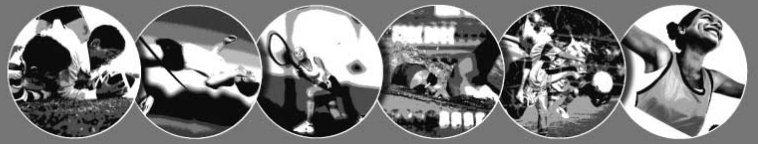
- have identified specific aspects of pupils' learning in athletics that you want to improve in order to achieve high quality PE in your school
- have identified what you need to do to help your pupils make better progress and achieve more in athletics
- have drafted an action plan which will help your pupils make better progress and achieve more in athletics

TOP Athletics**Friday 15 May 2009****The Stirling Centre****9:00am – 4:00pm****Cost: FREE****Mini Youth Games Skills & Drills: Athletics**

The aim is to provide updated skills training to enable athletics to be taught within Primary schools by a teacher. The course provides teachers with current and up-to-date information on teaching and coaching athletics skills and is aimed at teachers planning on entering their school into the Mini Youth Games athletics event.

Mini Youth Games Skills & Drills Athletics**Thursday 21 May 2009****Deangate Ridge, Hoo****4:00pm – 5:30pm****Cost: FREE**

Please be advised that if you book a place on any of the courses on the Medway PE and School Sport CPD Programme and fail to attend the course without at least 24 hrs notice given then your school will be fined £50



TOPs Whole School Training Programme

You can also book all of the TOPs courses as whole school training for your school:

- TOP Athletics
- TOP Dance
- TOP Gymnastics
- TOP OAA

If you are interested in receiving this training for your staff, please contact John Hatchett on 01634 33876 or email john.hatchett@medway.gov.uk with the following information:

- Name of school
- Number of teachers attending
- Provisional dates for the one-day course (but dates will need to be flexible depending on the tutor's availability)



Medway CPD Programme Course Booking Form

Personal Details

First name		Surname	
D.O.B		Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female
Name of School			
School Address		School Postcode	
School Tel		Contact Email	

Please tick this box if you are happy for course confirmation details to be sent to your email address given

Status

I am a:	
<input type="checkbox"/> Primary School teacher	<input type="checkbox"/> Secondary School PE Teacher
<input type="checkbox"/> Primary School PE Co-ordinator	<input type="checkbox"/> Secondary School Head of PE
<input type="checkbox"/> Teaching Assistant	<input type="checkbox"/> Secondary School non PE
<input type="checkbox"/> Midday Supervisor	<input type="checkbox"/> Coach
<input type="checkbox"/> Student Teacher	<input type="checkbox"/> Official
<input type="checkbox"/> Parent	<input type="checkbox"/> Other:

Please state which course you would like to attend

Course Title

Signature

Applicants signature		Date	
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Endorsement (this must be signed by the head teacher or course leader)

Signature		Date	
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Please be advised that if you book a place on any of the courses on the Medway PE and School Sport CPD Programme and fail to attend the course without at least 24 hrs notice given then your school will be fined £50

Please return completed booking forms to:

John Hatchett
Sports Development Team
Black Lion Leisure Centre, Mill Road, Gillingham, Kent ME7 1HF
Tel: 01634 338763
Email: john.hatchett@medway.gov.uk

